

Ridgewood Parks and Recreation presents

Kangoo Kids Bootcamp

Classes Led by certified
Kangoo Fitness
Instructors,
Vic Cabezas
and Jax Leone



For ages 7 to 10!

Wednesdays, January 10 through February 14
3:30pm to 4:30pm
\$180/6 classes (\$195 non-residents)

Anne Zusy Youth Lounge, located in Village Hall

131 N. Maple Avenue

GET MOVING AND GROOVING WITH OUR FUN, REBOUND CLASS FOR BEGINNERS! MAKE FRIENDS, BUILD STRONG MUSCLES AND BONES, AND HAVE ONE BIG JUMPING, HEART PUMPING, FAM JAM!!!!

Register at www.ridgewoodnj.net/communitypass or in-person at the Stable, 259 N. Maple Avenue.

Rebound boots are provided with registration fee.

Please provide shoe size and weight for the best jumping experience by contacting the Community Center at 201-670-5500 ext 2301